

	Männer	Runde 1	Runde 2	nach Rd. 2	Runde 3	nach Rd. 3	Runde 4	nach Rd. 4	Runde 5	nach Rd. 5
11	Steffen Herke	00:37:33	00:37:28	01:15:01	00:37:01	01:52:02	00:36:47	02:28:49	00:36:53	03:05:42
27	Frank Behrens	00:41:13	00:42:40	01:23:53	00:39:08	02:03:01	00:41:36	02:44:37	00:35:30	03:20:07
15	Marc Watermann	00:40:34	00:39:09	01:19:43	00:39:10	01:58:53	00:40:29	02:39:22	00:42:38	03:22:00
20	André Meinel	00:39:20	00:39:52	01:19:12	00:39:45	01:58:57	00:41:58	02:40:55	00:43:03	03:23:58
12	Josef Burrichter	00:41:59	00:44:53	01:26:52	00:44:11	02:11:03	00:41:22	02:52:25	00:44:06	03:36:31
21	Maik Hasler	00:44:27	00:47:21	01:31:48	00:47:22	02:19:10	00:44:06	03:03:16	00:47:57	03:51:13
16	Martin Watzke	00:45:12	00:45:38	01:30:50	00:44:04	02:14:54	00:45:50	03:00:44	00:51:10	03:51:54
23	Jens Brünink	00:45:31	00:45:38	01:31:09	00:44:04	02:15:13	00:46:00	03:01:13	00:51:10	03:52:23
24	Tom Rüdebusch	00:46:42	00:47:08	01:33:50	00:46:20	02:20:10	00:47:26	03:07:36	00:47:26	03:55:02
17	Stephan Kusch	00:47:13	00:48:23	01:35:36	00:47:10	02:22:46	00:46:58	03:09:44	00:47:36	03:57:20
18	Lars Uphoff	00:47:20	00:47:21	01:34:41	00:47:39	02:22:20	00:48:16	03:10:36	00:47:51	03:58:27
14	Jasper Rittner	00:45:31	00:46:22	01:31:53	00:45:09	02:17:02	00:50:00	03:07:02	00:53:40	04:00:42
25	Jonathan Spiess	00:48:02	00:49:06	01:37:08	00:49:19	02:26:27	00:46:08	03:12:35	00:50:00	04:02:35
10	Simon Kuhn	00:43:52	00:44:30	01:28:22	00:45:07	02:13:29	00:45:33	02:59:02	00:47:59	03:47:01
26	Timo Troch	00:45:41	00:45:50	01:31:31	00:46:26	02:17:57	00:46:26	03:04:23	00:47:48	03:52:11
19	Tom Lösekann	00:46:43	00:51:07	01:37:50	00:47:40	02:25:30	00:48:19	03:13:49	00:50:39	04:04:28
22	Lucas Hots	00:41:33	00:44:52	01:26:25	00:44:16	02:10:41	00:41:49	02:52:30		
13	Jan Ruiter	00:44:18	00:47:12	01:31:30						

	Frauen	Runde 1	Runde 2	nach Rd. 2	Runde 3	nach Rd. 3	Runde 4	nach Rd. 4	Runde 5	nach Rd. 5
6	Bianka Döring	00:37:33	00:37:28	01:15:01	00:37:01	01:52:02	00:36:47	02:28:49	00:36:53	03:05:42
4	Indra Schnabel	00:39:21	00:39:52	01:19:13	00:39:45	01:58:58	00:41:58	02:40:56	00:44:02	03:24:58
8	Bianca Lange	00:44:07	00:47:12	01:31:19	00:49:10	02:20:29	00:45:23	03:05:52	00:48:58	03:54:50
7	Celina Schauer	00:46:42	00:47:08	01:33:50	00:46:20	02:20:10	00:47:26	03:07:36	00:47:26	03:55:02
3	Jessica Haas	00:48:00	00:48:41	01:36:41	00:48:22	02:25:03	00:48:07	03:13:10	00:48:17	04:01:27
2	Tatjana Brink	00:48:00	00:48:41	01:36:41	00:48:22	02:25:03	00:48:08	03:13:11	00:48:17	04:01:28
1	Maike Kuhn	00:45:41	00:44:30	01:30:11	00:45:07	02:15:18	00:45:47	03:01:05	00:49:15	03:50:20